NOVEMBER 2025

Breakfast & Lunch Menu

Thomas Intermediate

Milk comes with each meal.

Water is available.

Monday

Tuesday

Wednesday

Thursday

Friday

Breakfast: 3 Biscuit & Gravy, Sausage or Cereal & Toast, Fruit

Lunch:
Cowboy Stew & Cornbread
Veg & Fruit

Breakfast: Pancakes & Sausage or Cereal & Toast, Fruit

> Lunch: Chili Frito Pie Vea & Fruit

Breakfast:
Biscuit & Gravy, Sausage or Cereal & Toast, Fruit

Lunch: Chicken & Noodles, Breadsticks Veg & Fruit



Breakfast: Tornados or Cereal & Toast, Fruit

Lunch: Soup & Grilled Cheese Veg & Fruit

Breakfast: Biscuit Sandwich or Cereal & Toast, Fruit

Lunch: Chicken Pot Pie Veg & Fruit, Cake

Breakfast: 18
Tornados or
Cereal & Toast, Fruit

Lunch: Corn Dog &TT Veg & Fruit

Have a wonderful Thanksgiving Break Breakfast: Donut or Cereal & Toast, Fruit

5

19

26

Lunch: Chicken Fried Steak Dinner

Breakfast:
Pizza or
Cereal & Toast, Fruit

Lunch: Chicken Nugget Dinner

Breakfast: Cinnamon Roll or Cereal & Toast, Fruit

Lunch: Thanksgiving Meal



Breakfast: Omelet & Toast, Sausage or Cereal & Toast, Fruit

Lunch:
BBQ Rib Sandwich & Chips
Vea & Fruit. Cookie

Breakfast:
Oatmeal or
Cereal & Toast, Fruit

Lunch: Chicken Sandwich & Chips Veg & Fruit

Breakfast: 20
Omelet & Toast, Sausage or
Cereal & Toast, Fruit

Lunch: Hot Dog & FF Veg & Fruit



Breakfast: French Toast Sticks or Cereal & Toast, Fruit

Lunch: Personal Pan Pizza Vea & Fruit

Breakfast: Muffin & Yogurt or Cereal & Toast, Fruit

Lunch: Mac&Cheese, Popcorn Chicken Veg & Fruit

> Breakfast: 21 Waffles or Cereal & Toast, Fruit

Lunch: Spaghetti & Meatballs Vea & Fruit



This institution is an equal opportunity provider.

